



Stephanie Alexander Kitchen Garden Foundation information sheet

# Planting chart for temperate & cool regions

January			February		
Amaranth	Chillies	Potatoes	Amaranth	Chives	Rocket
Asian greens	Chives	Radish	Asian greens	Corn	Rosemary
Basil	Corn	Rocket	Basil	Kohlrabi	Sage
Beans	Cucumbers	Rosemary	Beans	Leeks	Shallots
Beetroot	Dill	Sage	Beetroot	Lettuce	Silverbeet
Broccoli	Kohlrabi	Silverbeet	Broccoli	Mint	Sorrel
Brussels sprouts	Leeks	Sorrel	Brussels sprouts	Oregano	Spring onions
Cabbage	Lettuce	Spring onions	Cabbage	Parsnip	Swede
Capsicums	Mint	Swede	Carrot	Peas	Thyme
Carrot	Oregano	Thyme	Cauliflower	Potatoes	Turnips
Cauliflower	Parsnip	Zucchini	Chervil	Radish	
Chervil					
March			April		
Amaranth	Chives	Rosemary	Asian greens	Chives	Shallots
Asian greens	Kohlrabi	Sage	Asparagus	Garlic	Silverbeet
Asparagus	Leeks	Shallots	Beetroot	Kohlrabi	Sorrel
Beetroot	Lettuce	Silverbeet	Broad beans	Leeks	Spinach
Broad beans	Mint	Sorrel	Broccoli	Oregano	Spring onions
Broccoli	Oregano	Spinach	Brussels sprouts	Peas	Swede
Brussels sprouts	Parsnip	Spring onions	Cabbage	Radish	Thyme
Cabbage	Peas	Swede	Carrot	Rocket	Turnips
Carrot	Radish	Thyme	Cauliflower	Rosemary	
Cauliflower	Rocket	Turnips			
Chervil					
May			June		
Asian greens	Lettuce	Rosemary	Asian greens	Lettuce	Shallots
Asparagus	Mint	Shallots	Asparagus	Mint	Sorrel
Broad beans	Oregano	Sorrel	Broad beans	Oregano	Spinach
Cabbage	Peas	Spinach	Cabbage	Peas	Spring onions
Carrot	Radish	Spring onions	Chervil	Raspberries	Tarragon
Garlic	Rhubarb	Thyme	Garlic	Rhubarb	Thyme
Kohlrabi	Rocket	Turnips	Jerusalem artichokes	Rocket	Turnips
				Rosemary	
July					
Asian greens	Jerusalem artichokes	Peas	Shallots		
Asparagus	Lettuce	Potatoes	Sorrel		
Beetroot	Mint	Raspberries	Spring onions		
Broad beans	Oregano	Rhubarb	Strawberries		
Cabbage	Parsley	Rocket	Tarragon		
Chervil	Parsnips	Rosemary	Thyme		
Garlic					